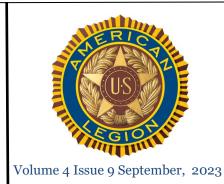
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Post 113 Bugle Gazette

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Gowen Thunder



There were lots of great pictures taken at Gowen Thunder, but this is my favorite as it contrasts the old with the new. If you attended you saw a B24 on display, like an aircraft that was stationed at Gowen Field. There were some 150, 000 people who attended the event and we were positioned on the ramp with other Veterans groups. If you attended, you saw a great show,. You also would have seen people in District 3, Post 113, Post 113 Auxiliary, and Legion Riders. It was great to have many people supporting veterans through our booth.

IN THIS ISSUE:

- Chaplin's Corner
- Honor Guard
- Radio Club
- Officer Reports
- AND MORE

A Month or so Out

September 6, 2023—SAL restart

September 19, 2023—Legion Meeting

September 23, 2023—Lloyds Koffee Klatch

October—Trunk or Treat

November 11, 2023—Veterans Day

December 9, 2023—Post Oratorical

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Post 113 Bugle Gazette

For God and County We Associate Ourselves

Page 2

Commander's Corner

By Ralph Cavalieri

By the time you read this it will be the Labor Day weekend and the nominal end of Summer. Fortunately, in our corner of the world, warm and pleasant days will continue for a while longer. In the meantime, much is happening with Post 113, and I hope you will be involved.

We just finished an exciting weekend at Gowen Thunder. Our Radio Club (N7LGN) was there in force, making connections and enjoying the camaraderie. We shared the booth and canopy with District 3, for which Commander Doug Foote had made all the arrangements. Later in this Newsletter you'll find an article by Rich Dees describing the events at Gowen Thunder.

Breaking news: Change is coming starting next week. Post 113 will be open Monday through Friday from 1000 - 1400 with a "duty officer" there. Our goal is to make our post a welcoming meeting place - a place for all veterans to come, talk, ask questions, and find friendly conversation. To kick off this new activity, I have two requests. First, please stop by and let us know what's going on. We'd love to see you. Secondly, if you would like to spend four hours as a "duty officer" please go to this://calendly.com/d/37z-dm8-f28/post-duty-officer) web site and sign up for a time. If you don't have a key to the post, don't let that stop you from serving as duty officer. Just let us know and we will issue one.

You might be asking, what will the "duty officer" be doing? The tasks are minimal, but important. The first is to open the building and welcome those who stop by. During the time between these conversations, we'd like the duty officer to call members on our Buddy Check list. The list and instructions will be provided. Other than ensuring the bathrooms have supplies, that is about it. There will be a pass down book with instructions and a log for entering information about what occurred during the duty time. Most of us have stood duty in the military, so we are familiar with the concept. I assure you serving as Post 113 Duty Officer will be much less strenuous.

More news: Starting on Thursday, September 7, you should be able to read the new LED information board on the building sign. Thanks to Vice Commander Rich Dees for initiating the sign project and to Building Manager Mark Grothe for getting the sign's boards ready for installation. Once it is working, we'll put a picture of it on our Face-Book page for all to see.

Speaking of FaceBook, have you seen the Post's FaceBook page recently? There is a lot of information being posted on it. Go to https://www.facebook.com/meridianpost113 and join in the conversation.

A final request or perhaps I should say opportunity. Post 113 is looking for a Historian/Public Relations person or persons. Our web site needs to be made current as do the archives in our building. We have a person to work the mechanism of the web page, but we need someone to work on the content. Similarly, we need someone to capture the events of the Post so they can put on FaceBook, our Web Page, and onto the walls of our Post. If this sounds like something that is of interest to you, please let me know.

I hope you have noticed that my theme this month and last is about communicating more with members of the Post and moving ahead on the important mission that we have. I encourage all members to engage in the Post's activities. I know you will find it enjoyable.

Best regards

Lloyd E Hutcheson

Post 113 Bugle Gazette

For God and County We Associate Ourselves

Page 3



September 2023 "The Transition Effect"





The Days Get Shorter and the Temperature Starts Falling.



Wow. There are so many days for this and for that. I have never heard of some of these.

I like the "International Week of Happiness at Work Week! Sept 20th-25th.

Wouldn't it be nice if that was for a month, a year or maybe forever. First, if you are still working then, pay attention to that week. See if you can spread some happiness and cheer at your work. I think you will be rewarded with happiness back to you.

Ultimately, September in the American Legion is a time to honor, remember, and reflect on the principles of service, sacrifice, and community support that the organization stands for. It's an opportunity to reinforce the values of patriotism, citizenship, and veterans' advocacy that the American Legion upholds throughout the year.

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Post 113 Bugle Gazette

For God and County We Associate Ourselves

Page 4









Membership Drive: We believe in the power of unity and the strength that comes from a growing Legion family. As

part of our ongoing efforts to expand our reach and support to even more veterans and their families, we encourage all members to participate in our membership drive this month. Invite friends, family, and fellow veterans to join our ranks and be a part of an organization dedicated to advocating for those who have served our nation.

Are You Curious About Church?





Cultural differences in churches can manifest in various ways due to the diverse beliefs, practices, and traditions across different religious denominations and regions. Here are some of the notable cultural differences you might observe in churches:

Worship styles, religious attire, liturgical practices, music and hymns, sacraments and ordinances, leadership structure, architecture, language use, cultural celebrations, social engagement, roles of women and men, and attitudes towards change.

What's important is to recognize that these differences can be quite nuanced, and within each denomination or tradition, there can be further variations based on individual congregations, geographical locations, and local customs. Respecting and understanding these cultural differences is key to fostering dialogue and mutual understanding among people from diverse backgrounds.

You should find a good Bible based church to attend and it's important to note that while the term "Bible-based church" generally implies a focus on Scripture, there can be diversity within this category. Different churches may have varying interpretations of specific passages and teachings, leading to differences in doctrine, worship style, and community practices. Additionally, the cultural aspects of a Bible-based church can be influenced by factors such as the denomination, geographical location, and historical context.

In other words, just find a church that you like. Think about joining it and maybe even serving on one of the many committees. You might find that you will learn a lot more about the church while serving on a committee.

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Post 113 Bugle Gazette

For God and County We Associate Ourselves

Page 5



Thought



"Church is not just a place of worship, but a sanctuary for community, compassion, and contemplation. It's where beliefs converge, hearts find solace, and spirits are uplifted in harmony. Like a timeless symphony, the church echoes with the voices of generations, singing the song of faith and hope."

A Daily Prayer For Your Confession!

Dear LORD,

Thank You for fresh grace and a week full of promise. Lead me in Your ways and fill my heart with Your love and joy. Help me see others as You see them. Guide every decision, response, effort and conversation I have for Your glory.

Amen

www.GwenSmith.no

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Post 113 Bugle Gazette

For God and County We Associate Ourselves

Page 6

If you know of someone who is recovering from a illness, has any health related issue or a death in the family

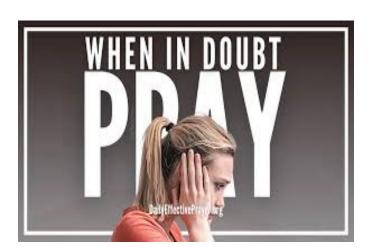


please contact me at: 208-890-3384 Cell

dan@anywhereusa.org

208-202-5737 X103

American Legion Post 113



And one last thing:

Wouldn't it be wonderful if we could all be a little gentler with each other, and a little more loving, have a little more empathy, and maybe we'd like each other a little bit more

That is all for this month but remember to always:

Be Grateful, Give Thanks, Be Honest, Stay Humble, Be Kind, Laugh, Dream Big, Be You and always Love One Another.

Blessings from Chaplain Dan Pruett

Lloyd E Hutcheson

Post 113 Bugle Gazette

For God and County We Associate Ourselves

Page 7

American Legion Post 113 Service Officer Announcements By John Brekke

The following summarizes the August 2023 Service Officer announcements for American Legion Post 113

PACT ACT

The Department of Veterans Affairs (VA) extended the August 10, 2023 filing deadline to Monday, August 14, 2023. Claims are retroactive from the previous August 10, 2022 date. The reason the VA extended the deadline was due to a high volume of claims and technical issues on the VA website. Sometimes people filing for benefits were sent error messages. You may continue to file any PACT Act related claims. However, the date when the claim was filed will be in most cases the date when any benefits will begin to accrue. The VA has received nearly 786,000 disability claims under the PACT Act, processed almost 435,000 and approved more than 348,000. About 111,000 veterans who are believed to have toxic exposure have enrolled in VA health care since the law was enacted. In addition, more than 4.1 million veterans have completed toxic screenings, which are questionnaires to analyze their potential exposure and determine whether additional tests are required.

https://www.stripes.com/veterans/2023-08-06/veterans-toxic-exposure-law-anniversary-10963162.html

VA to Review Toxic Exposures Conditions

The VA announced it will conduct a scientific review to determine whether there is a relationship between three conditions — acute leukemias, chronic leukemias, and multiple myeloma outside of the head and neck — and toxic exposures for service members who deployed to the Middle East and the entire Southwest Asia theater of operations. This scientific review will help the VA determine whether these conditions become presumptive conditions for Veterans. When a condition is considered presumptive, eligible Veterans do not need to prove that their service caused their disease to receive benefits for it; instead, VA automatically assumes service-connection for the disease and provides benefits accordingly.

https://news.va.gov/press-room/connections-between-toxic-exposurescancer/

Filing Supplemental Claims on-line

Veterans may now file supplemental claims online at VA.gov. In addition, Veterans may use their smartphone or other mobile devices to apply online. Filing a supplemental claim is an option for Veterans who disagree with a previously denied claim decision regarding VA disability compensation or pension benefits. A supplemental claim requires the Veteran has new and relevant evidence related to a previously denied claim for VA disability compensation or pension benefits. New and relevant evidence is defined as evidence not available at the time of the previous claim decision, which may change VA's decision regarding a claim. Veterans may also file a supplemental claim if they would like the VA to review their claim based on new legislation, for example, the newly implemented PACT Act. Whenever you feel the need to file a supplemental claim make certain you work that claim with a certified service officer from the Idaho State Veterans Services (IDVS).

https://news.va.gov/121884/veterans-can-now-file-supplemental-claims-online/https://www.military.com/benefits/how-pact-act-works-current-va-beneficiaries.html https://veterans.idaho.gov/advocacy/

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Post 113 Bugle Gazette

For God and County We Associate Ourselves

Page 8



AMERICAN LEGION POST 113

MEETING MINUTES August 15, 2023

Officers Present: Commander Ralph Cavalieri

1st ViceDan Pruett2nd ViceRich DeesAdjutantSusan BarnettChaplainDan PruettFinance OfficerErnest CookService OfficerJohn BrekkeSergeant at ArmsHarold Carlson

Opening ceremonies: Invocation, Pow/Mia, Pledge of Allegiance, and preamble.

Meeting called to order at 1904 hours by Commander Cavalieri.

Guests: None

Sick Call: Chaplain-Milt Smith had a hip replacement

Roll call of Officers conducted: quorum met.

District 3 Commander- Doug Foote- Gowan Thunder air show, still looking for volunteers to sit at table and hand out brochures. Friday the 25th of Aug is Family Night for the Guard and retirees, Saturday and Sunday open to public. Gates are open 9am to 5pm. Thursday Morning set up. Radio Club will be there.

Finance Report: Ernest Cook-Newsletter, additions are Ada County Commissioners approved our building grant for 2024, Post Insurance was cancelled by Farmers, they no longer cover non-profits. We have a new carrier but added about \$1000 to budget. Our building usage is down, post purchased new laptop, office maintenance jumped. Susan Barnett has taken over cleaning building to cut our expenses (\$6000) for janitorial budget. Motion and 2^{nd} to approve finance as amended. Passed.

Adjutant: minutes printed on table and in newsletter. Motion and 2nd to approve minutes as printed. Passed.

1st Vice: Dan Pruett: Membership: 184 paid members for 2024 so far. 1000 flags have been delivered to prison for disposal. Prison post also Repairs bicycles, crotchets things, makes poppies.

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Post 113 Bugle Gazette

For God and County We Associate Ourselves

Page 9

2nd Vice- Rich Dees: Oratorical Post contest in December- already have 1 candidate standing by. For Gowan Thunder- Ham Radio Club will be there set up. Building is currently zoned Resdidential, submitting paperwork next week to rezone our building as commercial- no cost to Post. Last year we hosted a kids Christmas Party for Post 201, Recommend we think about doing that again.

Building Manager: Ralph Cavalieri for Mark Grothe. 1 building usage this last month. Scouts busy.

Service Officer-John Brekke. State Service Officer Training is 16-18 August. John will be out of town on the 17th and 18th. Looking for someone to stand in for those two days.

Honor Guard- Doug Hanks- Report handed in. Conducted 11 honors in July, 1932 miles with \$260 in donations. Veterans Day Parade is coming up. Looking to start Parade with Rifle Salute trying to get on news. Honor guard planning on a cleaning and training sessions sept 4 and 14th.

Boys State-for 2024 will be the week of 1-8 June.

Riders: Ralph- they have a website and facebook page and are going to start meeting in the building on the 4th Thursday of the month. They will be doing a fund raiser in October.

Koffee Klatch- Ernest Cook- August 26th stop by for free coffee and donuts.

Sons of American Legion- Steve North: next S.A.L. meeting September 5th at 7pm. Trunk or Treat coming up 26th of October at Meridian City Hall Plaza on Broadway.

Auxiliary- Rich: Janet Cook new leader for Meridian Unit, looking to do coats for kids drive. Motion and 2nd to participate in a kids coat drive. Will be up to Patty for distributions.

Unfinished business- Sign- Ralph: wooden boards are mounted, electrical sign to be mounted within the next 2 weeks. \$380 to mount, post will be responsible to plug it in.

New Business: Continuous membership Certificates- Adjutant. Ernest- Post resource duty officer- looking to open the building 5 days a week. 4 hours a day. Answer phone, light cleaning, make buddy check calls. Motion and 2nd to start a duty officer plan to open building 5 days a week. Passed. Social media, Post facebook account like it and share it, to help get word out. Rich- Quilts of Valor meet here 2nd Wednesdat of month, they are looking for people to receive quilts. More info in the upcoming newsletter. Susan: Kiwanas Club is having a Backpack School supply drive. Looking for supplies: large backpacks, 2 inch zippered Binders (soft material 5 star), Divider sets, Zip pocket pencil holder packets, Graphic Calculators Tx 84 plus, Colored pencils, graph paper, lead for mechanical pencils, highlighters, index cards with lines, composition notebooks, mechanical pencils, college rule paper, glue sticks, college rule notebooks, and ball point pens (red, blue and black). Any assistance (goods or money)would be greatly appreciated. Drop off at post Tuesday and Fridays- the 24th last school opening date this year.

Good of Legion: Looking at Meridian American Legion Baseball program. Rich: yearly awards Po-

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Post 113 Bugle Gazette

For God and County We Associate Ourselves

Page 10

lice, Firefighter, Educator- our post received both we put in for. Academic Excellence Scholarship award. Presented at graduation ceremonies. Ernest is kicking in the first \$100 to go with award. Motion and 2nd for post to support and start this for Meridians 5 high schools, one award and \$100 for each High School. Passed. Radio Club testing this weekend.

Drawing for Post 113Vest- Steve North.

\$100 membership drawing Michael Levine- present.

Adjourn: 2033

Next Meeting: Sept 19, 2023.

Respectfully Submitted Susan Barnett Adjutant

Finance Report

By: Ernest Cook

From a revenue perspective, we are a little behind on our budget. Specifically, our annual dues are only 24% of the amount budgeted for the year. We would have hoped to collect dues faster. The Army has not compensated us for many honor guard services as a result we are only showing 3% of our annual budget so about 14% below what we would expect. Also, donations for building usage sit at 51% of what we budgeted for the first 2 months of this fiscal year.

With respect to expenses, ignoring authorized projects and reserves...

Expense Category	Planned	Actual	Notes
Facilities	\$4,787	\$5,612	\$1,060 increase inbuild and liability insurance
Post Operations	\$521	\$1,024	Unplanned purchase of office computer
Program Expenses	\$150	-\$61	Generous donations for post meals

Following on the next page is our organization's financial position compared to last year

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Post 113 Bugle Gazette

For God and County We Associate Ourselves

Page 11

11:03 AM	AMERICAN LEGION POST 113									
08/30/23	Organization position									
Accrual Basis										
				Aug 30, 22	\$ Change	% Change				
	*ASSETS									
	Current Assets									
	▼ Checking/Savings									
	BLDG ACCT at ICCU		21,585.11	21,948.94	-363.83	-1.7%				
	Building fund Saving	gs at I	0.00	7.15	-7.15	-100.0%				
	Ham Radio		1,783.51	1,217.51	566.00	46.5%				
	POST ACCT at ICCU		18,156.06	21,866.40	-3,710.34	-17.0%				
	SAL		712.18	637.18	75.00	11.8%				
	SAVINGS at ICCU		1,923.30	1,922.34	0.96	0.1%				
	Total Checking/Saving	S	44,160.16	47,599.52	-3,439.36	-7.2%				
	Total Current Assets		44,160.16	47,599.52	-3,439.36	-7.2%				
	Fixed Assets	•	1,000.00	1,000.00	0.00	0.0%				
	TOTAL ASSETS		45,160.16	48,599.52	-3,439.36	-7.1%				
	LIABILITIES & EQUITY									
	▶ Liabilities		-2.19	0.00	-2.19	-100.0%				
	▶ Equity		45,162.35	48,599.52	-3,437.17	-7.1%				
	TOTAL LIABILITIES & EQU	ITY	45,160.16	48,599.52	-3,439.36	-7.1%				

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Post 113 Bugle Gazette

For God and County We Associate Ourselves

Page 12

Honor Guard Report

By: Doug Hanks

1	16-Aug-2023	MIGUEL DELAGARZA, USARMY	CANYON HILL CEM, CALD	IANG HG	5	10	126	\$50.00
1	18-Aug-2023	JERALD OAKES, USARMY	MORRIS HILL CEM, BOI	IANG HG	5	10	88	\$50.00
1	22-Aug-2023	BRUCE MONK, USARMY	ISVC	ZEYER FUNERAL	9	18	219	\$150.00
								7 = 0 0 10 1
-								
_								
					Honors	Hours	Miles	donations
				Month total				
				accumulated totals to d	ate			
				from last month >>>>	11	162	1932	\$260.00
						102	1332	\$200.00
					Honors	Hours	Miles	Donations
-				Honors this month	6	92	1107	\$300.00
				HOHOIS CHIS HIGHER	- 6	92	1107	\$300.00
				T-+-!!!	4.7	254	2020	4550.00
-				Total Honors-fisc year	17	254	3039	\$560.00
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Post 113 Bugle Gazette

For God and County We Associate Ourselves

Page 13



American Legion Post 113

Lloyds Koffee Klatch

Fourth Saturday Of The Month From 9:00 AM to 11:30 AM

Please Join us! COFFEE WITH A VET

Hosted by: LLoyd E Hutcheson American Legion Post 113 Location: 22 W. Broadway Ave Meridian, ID 83642

Bring spouse, family, and friends for coffee doughnuts and conversation

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Post 113 Bugle Gazette

For God and County We Associate Ourselves

Page 14

N7LGN—Post 113 Amateur Radio Club



It was an active month. First up was the monthly testing followed by a "Now What" event. Testing brought four people one of which earned their Extra Class license. The Now What event had 38 people attend. John Kerncamp started the discussion and we managed to get everyone on the air, some for the first time.



The other event was Gowen Thunder, a few days lat-

er in the month. I should have started out by saying "it was a dark and stormy night." The event brought 75, 000 people a day over the weekend. It was a successful in that 38 stations were contacted from several states around the nation and we met many great folks from around the area. Unfortunately, late Saturday night a record-breaking storm hit Boise. It rained over 1.5 inches in just a couple of hours and the winds were very high. The storm destroyed our canopy, and the Starlink system we were using for our internet connection. The damage was significant enough that we were precluded from operating Sunday. I e-mailed an after-action report to club members for lessons learned...there were many.

Coming up is testing this month and planning for a December activity involving Santa.

Hope to see you at a meeting!

73

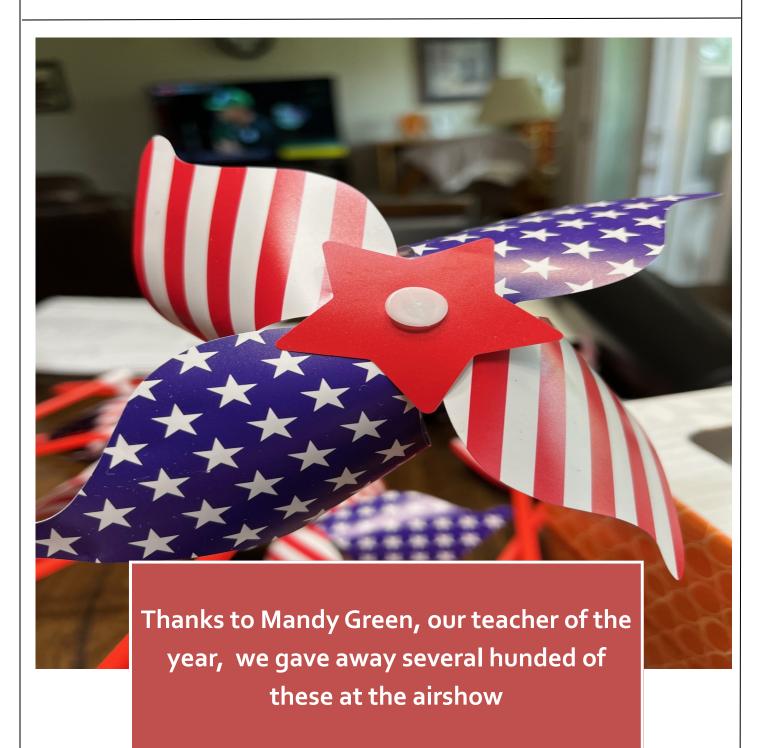
Rich

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Post 113 Bugle Gazette

For God and County We Associate Ourselves

Page 15



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Post 113 Bugle Gazette

For God and County We Associate Ourselves

Page 16



Why are these people looking up....It's an air show!

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Post 113 Bugle Gazette

For God and County We Associate Ourselves

Page 17





Post 113 Officers for 2023— 2024

Commander	Ralph Cavalieri	208 336 0012	rpcavalieri@gmail.com
Adjutant	Susan Barnett	208 550 7395	suekbarnett764@gmail.com
1st Vice Commander	Dan Pruett	208 890 3384	dan@anywhereusa.org
2 nd Vice Commander	Rich Dees	208 888 1343	rjdees@aol.com
Finance Officer	Ernest Cook	408 858 1995	post113.finance@gmail.com
Service Officer	John Brekke	801 989 6764	brekke1@msn.com
Chaplin	Dan Pruett	208 890 3384	dan@anywhereusa.org
Past Commander	Rich Dees	208 888 1343	rjdees@aol.com
Sgt-at-Arms	Al Carlson	208 320 7264	alcarlson72@gmail.com