

American Legion

Lloyd E Hutcheson

Post 113 Bugle Gazette

For God and Country We Associate Ourselves



Volume 3 Issue 9 October , 2022

Trick or Treat?



IN THIS ISSUE:

- Commanders Notes
- Radio Club
- Honor Guard
- Chaplin's Corner
- Service Officer Report
- AND MORE

October/November Issue

A Few Days or Months Out

October 22, 2022—Kkoyds Koffee Klatch - CANCELLED

October 26, 2022—Radio Club Meeting

October 27, 2022—Trunk or Treat

November 1, 2022 - First Day of American Indian Heritage Month

November 6, 2022 - Daylight Savings Time End - Don't forget to set your clocks BACK 1 hour

November 8, 2022 - Election Day

November 11, 2022—Veterans Day

December 17, 2022—Post Christmas Party

What is Halloween and why do we celebrate it?

The word "Halloween" comes from All Hallows' Eve and means "hallowed evening." The history of Halloween dates back to a pagan festival called Samhain. Hundreds of years ago, people dressed up as saints and went door-to-door, which is the origin of Halloween costumes and trick-or-treating.

Here are five common and fun Halloween traditions – complete with some local iterations, too!

- Making Jack-o'-Lanterns. During the Halloween season, you'll see Jack-o'-Lanterns on almost every front porch. ...
- Wearing spooky costumes. ...
- Trick-or-treating. ...
- Visiting haunted houses. ...
- Telling scary stories.



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Commanders Call

By: Rich Dees

Greetings,

There is a lot going on in the Post. Have a look at the calendar and you can see the activity. On the immediate horizon is Veterans Day on November 11, 2022 at Kleiner Park. Hope to see you there. Other things to note is the Oratorical contest on the 12th of November at the Post starting at 10:00 AM. If you have not volunteered to help, please contact me. Finally in December there are two parties. The Post party is on the 17th and the prison families Christmas party is on the 18th starting at 1:00 PM. Again, help is needed for both events, so don't be shy about offering your services. Susan Barnett is coordinating the pot luck part of the Post party. She will send out an e mail asking for help.

A few of notes:

- If you are receiving this newsletter, that means your e-mail is correct in the data base. If you have not renewed, now is the time.
- Please take note of the upcoming Food Convoy and Wreaths Across America.
- People are not using the Zoom as much as we thought. Please consider using it if you cannot attend the meeting in-person.
- Walt Thornton resigned as Adjutant mainly for health reasons. Matt Wrobel is the new Adjutant.
- Dan Pruett is now doing the newsletter – Thanks Dan!

Hope to see you at a meeting or an event.

Rich

Editors Note: Dan was just helping Rich this month. Rich was busy with other things and couldn't do the newsletter this month. Rich will resume his newsletter duties next month. I will remain as a helper in this endeavor. Dan

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Scouting and The American Legion

By: Mark Grothe

My name is Mark Grothe. Our new Department Commander, Matt, has asked me to be the Scouting Liaison for the Dept of Idaho. For what it's worth, I've been an adult Scouter for over 35 years, in 4 different Councils.

I want to start this off by thanking those posts who sponsor Scouts BSA units for their support of the Scouting program.

My job as the liaison is not to tell you that you must sponsor units. It is to encourage you to do this and offer some help to get started.

Lastly, I want to address the Eagle Scout of the Year Award. The Department of Idaho has not honored an Eagle Scout with this award in at least the last 2 years. That's unfortunate, since I know of at least 2 Troops that have boarded several Eagles in that period, who may meet the eligibility requirements for the award. At the Department level, this award consists of a plaque, presented at the annual department meeting. This person is automatically entered into the national competition, where he/she could win a \$10,000 Scholarship and the 3 runners up receive a \$2500 Scholarship.

The nomination form for the award can be downloaded from legion.org and must be received at Department between Nov 1st and Mar 1st, where they will be reviewed, and the winner chosen and forwarded to National before April 1.

I have taken the liberty to download the eligibility requirements for inclusion with this article. And they are as follows:

- Received an Eagle Scout award
- Received a Scouts BSA or Venture Religious Award
- Having demonstrated practical citizenship in church, school, Scouting and community
- Having reached your 15th birthday and be enrolled in high school at the time of selection
- Applied through Department (State) in which their scout unit is chartered
- Provided documentation of current BSA membership. Membership must be valid for the year in which you are applying

Aside from their camping trips in the upcoming months the main thing they have going is they are working towards their annual fundraiser on Feb 11; Their pancake breakfast. Location has not been determined yet.

If you have further questions, I can be reached at markgrothe@gmail.com.

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Lloyds Koffee Klatch

Last Saturday Of The Month
From 9:00 AM to 11:30 AM

Cancelled for the month

Please Join us!
COFFEE WITH A VET

Hosted by:
Lloyd E Hutcheson
American Legion
Post 113

Location:
22 W. Broadway Ave
Meridian, ID 83642

Bring spouse, family, and
friends for coffee doughnuts
and conversation

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Idaho Veterans Home Veterans Nursing Home Assistance League

By Russ Dunn

This group needs a chairperson who is recommended by a veteran service organization (e.g., American Legion).

This group meets quarterly - Russ Dodd (Ret AF) is the Secretary and sends the email, creates the agenda etc. Ned Barker (MOPH) is the Vice Chair, Dave Swickard (Marine Corps League) is the Treasurer.

At some future point, they would like to see the roles expanded to a more active

fundraising/community development/engagement arm - and create a website, etc. but it is not needed at this time.

Mission Statement: To provide assistance to veterans residing at the Idaho State Veterans Homes in the State of Idaho; and further, to assist the Idaho State Veterans Homes in carrying out their mission of serving Idaho's veterans who have earned special recognition through their sacrifices in protecting our country's freedoms and individual rights, by providing quality long-term care. The Idaho Veterans Assistance League exists to provide and furnish services specifically designed to meet the religious, physical, social, educational, financial, civic, cultural, recreational and psychological needs of these veterans, as well as to help provide security, happiness, dignity, independence and usefulness and longer life for residents of the Idaho State Veterans Homes.

Articles of Incorporation: Article VIII, Section 5. POWERS AND DUTIES OF THE CHAIRMAN AND VICE CHAIRMAN. The Chairman shall preside at all meetings of the Board of Directors and Subchapters, shall enforce observance of the Articles of Incorporation and Bylaws, shall have the right to vote on all motions, shall appoint members to committees, and shall have such powers and duties as the Board may prescribe including that of serving as official spokesman on behalf of the Board of Directors. In the absence of the Chairman, the Vice Chairman shall perform the duties of the office chairman and shall have such other powers and duties as the Board of Directors may prescribe.

Russ Dunn

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Communication/Leadership

BEWARE OF VETERANS CHARITY SCAMS

By Tom Ressler

Veterans, active duty service members and their families are nearly 40 percent more likely than civilians to lose money to scams and fraud. The different types of scams and fraud situations are too vast to cover in this brief article. However, I want to share an article I recently read on-line at aarp.org/VetsFraudCenter that discusses bogus organizations asking for donations to help military families and homeless veterans.

Veterans Charity Scam

American Disabled Veterans Foundation. Healing Heroes Network. Veterans Fighting Breast Cancer. Military Families of America.

They sound like just the sort of organizations that generous Americans would rush to support to repay those who have served the country and now need our help.

"Sounds like" is the operative phrase here. These are all sham charities that federal and state watchdogs have sued in recent years for misleading donors, according to the Federal Trade Commission (FTC). It's a particularly shameful subset of scams that exploit Americans' gratitude for military members' service and sacrifice.

Bogus military charities use the same outreach techniques as trusted nonprofits-direct mail, email, phone calls, texts-and adopt similar names. They throw around words like "warriors", "heroes" and "disabled" and fill their communications with heartrending appeals like this: "Statistics tell us that as many as 1/3 of all homeless people in the U.S. Are veterans who served their country faithfully. With your assistance we offer these American "heroes" the assistance they so desperately need!"

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The group behind that pitch, American Veterans Foundation, raised nearly \$6.5 million from donors who were told their contributions provided care packages and other aid for deployed troops and homeless veterans. Instead, the organization shoveled 92 percent of the money it raised into telemarketing and “administrative” costs before the FTC shut it down in 2019.

Sham veterans charities often target older veterans and civilians according to the FTC. In so cases, they are scam political action committees that pass themselves off to prospective donors as charities supporting veterans and other causes.

These shady operators don't just steal or misspend your money. They divert millions of dollars that might otherwise flow to the many honorable organizations providing housing, job training, mental health care and other vital services to former military members and their families.

A little research can go a long way in weeding out phony fundraising appeals. Don't let scammers curb your generosity toward those who serve, but take steps to ensure your donated dollars truly support them.

By: Tom Resler

Museum Help

By Jeff Packer

The Idaho Military History Museum looking for volunteers at the museum. If anyone is interested contact Jeff at: 208 422 4841.

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N7LGN—Post 113 Amateur Radio Club

By: Rich Dees



Radio Club News

N7LGN Radio Club participated in a state wide emergency exercise in October. It was called "October's Surprise." It featured a mode that is available to us called Winlink where we can send an e mail to anyone with a valid e-mail address in the US. It uses gateway stations all over the nation. The idea is that if there is no internet service in a particular area, our radio's with Winlink can leap-frog to an area of the country with internet service and pass along an e-mail. It worked well during the exercise where we facilitated check-in stations from Ada, Canyon, Gem and Elmore counties.

Next up is the Santa event where we will employ the National Traffic System to send "Radiograms" to the North Pole from the people attending our party in Meridian.

Yes...we will use Morse Code, in fact a 19th century telegraph set.

We are continuing testing each month and are engaged in classroom instruction for amateur licenses.

Rich

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American Legion Post 113 Service Officer Announcements

By: John Brekke

American Legion Post 113 Service Officer Announcements

Flu Shot and COVID-19 Booster

Flu season has arrived so it's time to get a flu shot. All flu vaccines in the United States for the 2022-2023 season protect against four different circulating flu viruses. COVID-19 vaccinations used to be given separately due to concerns about possible immediate side effects," said Dr. David Hrnchir, regional medical director of the Central Vaccine Safety Hub, DHA- Immunization Healthcare Division. "However, with the very large number of immunizations, immediate side effects receipt of the COVID-19 vaccine has proven to be extremely rare." Thus receiving the flu vaccine and COVID-19 vaccine at the same time is now acceptable. The COVID bivalent boosters protect against the original form of the infectious respiratory disease as well as against the dominant omicron variant and its subvariants, which continue to mutate to become more easily transmissible.

<https://www.health.mil/News/Articles/2022/10/14/Time-to-Get-Your-Flu-Shot-and-Your-COVID-19-Booster-Too>

Veterans Day (Friday, November 11) Discounts

There is a very large list of Veterans Day discounts, free meals and offers again this year.

<https://news.va.gov/109711/veterans-day-discounts-free-meals/>

Expansion of VA Health Care – PACT Act

The Department of Veterans Affairs has expanded and extended eligibility for VA health care to veterans of the Gulf Wars and post-9/11 era. The expansion will also increase health care eligibility for hundreds of thousands of toxic-exposed Veterans as well as eligibility for certain veterans of the Vietnam War.

<https://www.va.gov/resources/the-pact-act-and-your-va-benefits/>

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Over-the-Counter Hearing Aids

As of Monday, October 17, you may purchase hearing aids over the counter without a prescription at a cost between \$300-\$800. They work the same way prescription-made hearing aids operate. These hearing aids are for individuals with mild to moderate hearing loss which may include...

- Speech or other sounds seem muffled.
- Have trouble hearing when you're in a group, in a noisy area, on the phone, or when you can't see who is talking.
- You have to ask others to speak more slowly or clearly, to talk louder, or to repeat what they said.
- You turn up the volume higher than other people prefer when watching TV or listening to the radio or music.

The government and various organizations have been campaigning for years to lower the price of hearing aids. A law established in 2017 directing the FDA to create a category of OTC hearing aids for adults with perceived mild to moderate hearing loss. Earlier this year the FDA made a final ruling that has now gone into effect. You may purchase hearing aids at many retail stores as well as on-line without a prescription.

<https://www.nidcd.nih.gov/health/over-counter-hearing-aids>

Agent Orange VA Claims Take Longer

Herbicide presumptive conditions (i.e., Agent Orange) claims remain extremely slow compared to other types of claims. This work is centralized to one of 12 different VA Regional Offices (the Boise VA Regional Office is not one of them) and has created huge delays in Vietnam herbicide-presumptive claims being completed. It is not uncommon to see some of these claims take over a year and a half or longer to be completed. Requests to expedite these claims will only be granted if a veteran is homeless, has a terminal condition, or is experiencing extreme financial hardship.

<https://www.gao.gov/products/gao-22-105191>

<https://www.myhealth.va.gov/mhv-portal-web/ss20180212-agent-orange-and-online-help>

Treasure Valley Van Service to the VA

There is free van service to the VA in Boise. All appointments for rides must be made 72 hours in advance. For the schedule or to make an appointment, call Jim Rossette at the Boise VA Medical Center (208) 422-1000 ext. 7555.

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OPERATION: Fill- the-Box

Brian & Lisa Losness
Operation Fill-the-Box
blosness@yahoo.com
Phone: 208-870-3022



For Immediate Release

PROVIDING A BIT OF HOME AND CHEER FOR SERVICES MEMBERS Operation Fill-the-Box is providing care package to deployed service members.

Boise, Idaho (October 12, 2022) - The family of Brian and Lisa Losness in partnership with the Idaho National Guard's Morale, Welfare and Recreation Fund, Mission 43, Operation Grateful Hearts, Blue Star Mothers and the Army's Service Member & Family Services is looking to provide one thousand care packages for recently deployed troops from the Idaho National Guard's 116th Cavalry Brigade Combat Team serving in the Middle East.

"Our son was recently deployed to the Middle East and we wanted to send him a care package. But, why just one for our son? Why not one to each service member recently deployed," said Lisa Losness. With that question in mind Lisa and Brian Losness along with community partners, have embarked on Operation Fill-the-Box with the goal of a filling one care package to everyone."

The Operation-Fill-the-Box partnership is reaching out to individuals and businesses to engage in helping with care packages. You can help by filling a box, donate items for boxes, or donate funds for shipping and supplies.

The Idaho National Guards' Morale Welfare and Recreation Fund is acting as the operations

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501(c)3. For more information on how to get involved go to www.idngmwr.com/get-involved.

To help with this community project, visit the Operation Fill-the-Box Facebook or Instagram page for more information on package size, approved items and more.

The Project begins on October 15, 2022, and will conclude on November 15, 2022, to ensure care packages will reach service members by the holidays.

#

Operation Fill-the-Box is a community project working in partnership with Mission 43, Idaho National Guard's Morale, Welfare and Recreation Fund, Operation Grateful Hearts, Blue Star Mothers, Idaho Service Member & Family Support, Idaho Military Museum, and Joining Forces for Treasure Valley Veterans.

John Brekke, Service Officer



GROUP HONORS CEREMONY

IDAHO STATE VETERANS CEMETERY

The Public is Invited to Attend

Wednesday November 2, 2022

1:00 pm

**10100 N. Horseshoe Bend Rd
Boise, ID 83714**

Military Final Honors are provided to all those who have
faithfully served our Nation.

We recognize there are many deserving veterans who go without
these military funeral honors for reasons beyond our control.

To recognize these veterans, we conduct group services
annually to ensure all veterans receive proper honors for
their service to our country.



HONOR AND REMEMBER

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POST 113 HONOR GUARD AUGUST EVENTS

By DOUG HANKS

Rifle Salutes- 18

Total for Fiscal Year 2022-2023- "34"



Larre Robertson-Bugles Across
America TAPS-"36"
TOTAL YEAR 2022- "239"

September was a busy month. Attached are copies of September reports

It is an Honor for me to be associated with this group of dedicated individuals who devote a great amount of time and money to Honor Veterans services and memorials. In addition, the flag presentations and other activities performed. October looks to be busy also, with a Flag disposal ceremony for DAR and High school Flag Presentations for Veterans appreciation assemblies. We have not been able to be in the schools for couple of years because of COVID. With one coming up this month with 3 combined schools it is great news.

THANK YOU ALL!!

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October 2022 "Halloween Anyone??" Chaplain's Corner



It is widely believed that many Halloween traditions originated from ancient Celtic harvest festivals, particularly the Gaelic festival Samhain. Samhain marks the end of the harvest season and the beginning of winter or "darker half" of the year. Traditionally, it is celebrated from 31 October to 1 November, as the Celtic day began and ended at sunset. This is about halfway between the autumn equinox and the winter solstice. Samhain was seen as a liminal time, when the boundary between this world and the Otherworld could more easily be crossed. This meant the Aos Sí, the 'spirits' or 'fairies', could more easily come into our world. The tradition of

dressing up is believed to have been a way of imitating, and disguising oneself from, the Aos Sí who some believed could take you back with them to their world. If they saw you looking like a spirit or deceased being they would ignore you as a potential candidate for bringing back with them.

Oct 2nd – International Day of Non-Violence is celebrated on Mahatma Gandhi's birthday. It's a day to mark Gandhi's work using nonviolent protest to advocate for freedom and civil rights. The day also is a time to spread the message of peace and tolerance.

Oct 5th – National Be Nice day - You should be nice every day, but on National Be Nice Day, really commit to being kind, thoughtful, and positive in your interactions. Pay it forward by buying a drink for the person behind you in the coffee line, compliment a co-worker whose contributions often go unnoticed, or surprise a family member or friend with a small "just because" gift.

Oct 19th – National New Friends Day - While old friends are staples, there's always room to make new connections. You never know where you'll find a new best friend. So for National New Friends Day, strike up a conversation with a stranger or make a plan to hang out with an acquaintance, and find that common ground that could lead to friendship.

There are many other National Days of October but the above are my favorite ones.

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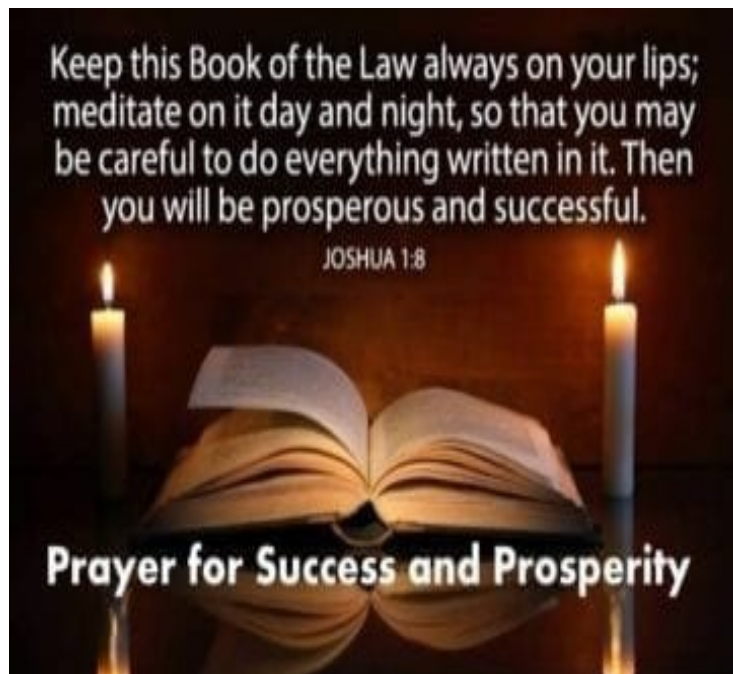
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A Prayer For Success & Prosperity



If you know of someone who is recovering from a illness or has any health related issue



pease contact me at

dan@anwhereusa.org or 208-890-3384

Remember to always:

Be Grateful, Give Thanks, Be Honest, Stay Humble, Be Kind, Laugh, Dream Big, Be You and always Love One Another.

Blessings from

Chaplain Dan Pruett

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Post 113 Officers for 2021— 2022

| | | | |
|--------------------------------|-----------------|--------------|--|
| Commander | Richard Dees | 208 870 7928 | rjdees@aol.com |
| Adjutant | Walter Thornton | 208 362 9107 | livelong1115@gmail.com |
| 1st Vice Commander | Steve North | 208 631 5291 | snorth5401@gmail.com |
| 2 nd Vice Commander | Ralph Cavalieri | 208 336-0012 | rpcavalieri@gmail.com |
| Finance Officer | Ernest Cook | 408 858 1995 | ernestdcook@gmail.com |
| Service Officer | John Brekke | 801 989 6764 | brekke1@msn.com |
| Chaplin | Dan Pruett | 208 890 3384 | dan@anywhereusa.org |
| Past Commander | Doug Hanks | 208 506-7801 | dandghanks@q.com |