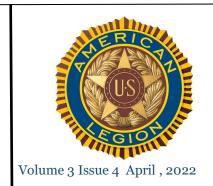
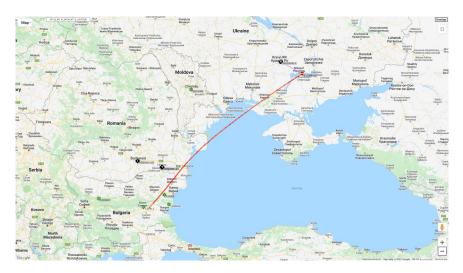
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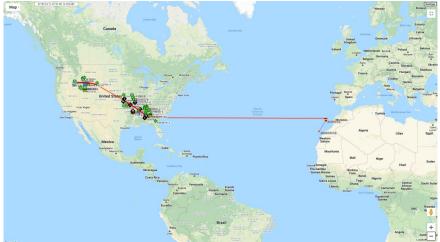
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UKRAINIAN CALL





It turns out that amateurs from the Treasure valley sent a high flying craft off into space and it made it over to Ukraine. To see the route it took and the time to get there, you'll need to come to the April meeting of the N7LGN club. The whole thing was an unintended consequence of a Saturday morning activity that has literally an international flavor. Read more inside this newsletter.

IN THIS ISSUE:

- Commanders Notes
- Chaplin's Corner
- Radio Club
- Honor Guard
- Lloyd''s Koffee Klatch
- AND MORE

A Few Months Out

April 23-Lloyds Koffee Klatch

April 12 - SAL Meeting

April 19—Post general Membership Meeting and dinner

April 27 — N7LGN meeting

April 30, 2022—District 3 Spring Meeting at Post 18

To remove your name from our mailing list, please e mail me at rjdees@aol.com.

Questions or comments? Email us at mail@americanlegionpost113.com or call 208 870 9029

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Commanders Call

By: Doug Hanks

My term as Commander is coming to and end. It has been very rewarding to me. I can only thank everyone who has stepped up to help with all the things that are needed to make Post 113 operate. We have progressed with the ability to add participation with remote attendance, maintained our membership with very few members contracting the Covid. All of us should be thankful for making it through this situation with just a few contracting the bug.

Be sure to attend the April meeting on the 19th which is election time. This is important so you can voice your opinion about the future of your Post. There will be a bite to eat, a little training and conversation. Meeting is at 1900 to Vote, review activities and projects coming up.

DOUG HANKS

POST 113 NOMINATION OF OFFICERS

Commander: Richard Dees

First Vice Commander: Steve North

Second Vice Commander: Doug Foote

Ralph Cavalieri

Sergeant at Arms: Floyd Peterson

Adjutant: Walt Thornton

Chaplin: Dan Pruett

Finance Officer: Ernest Cook

Nominations will be taken from the floor. Election will be at the Post meeting this month

Lloyd E Hutcheson

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American Legion Post 113 Service Officer Announcements

By John Brekke

The following summarizes the March 2022 Service Officer announcements for American Legion Post 113:

Free Salmon River Trips with Team River Runner

There are two free Salmon River trips this year for you to consider attending if you are an experienced kayaker. They are both remote, wilderness river clinics with no communication available to the outside except for emergencies. They are both beautiful and among the best trips in the country. The first trip is the Lower Salmon River Clinic, departing from Boise on the morning of August 21st and returning August 26th in the evening. The Second trip is the Main Salmon River Clinic, departing from Boise on September 10th or 11th, and returning Sept 17th. If you are interested in these trips or would like to learn how to kayak, contact Bob Tracy (208) 867-2843.

www.teamriverrunnerboise.org

Boise Veteran Home Update

The Boise Veteran Home is always looking for new volunteers. Before beginning any volunteer position you must complete about eight hours of training as well as show proof you've had the COVID-19 vaccine. If you desire to help during any of their upcoming outings please call the Home's at 208-780-1600. The Boise Home is open for visitors. However, it's a good idea to call them first to make arrangements. Masks are required while on the campus. Refer to their calendar for events and dates.

https://veterans.idaho.gov/veterans-homes/boise-veterans-home/

National Vietnam War Veterans Day - March 29

An event to make this important date will be held at Kleiner Park's Rock of Honor, 1920 N. Records Way in Meridian. At noon entertainment will be provided by the U.S. ARMY Band. 1 pm is the recognition ceremony. 2-4 pm is a social event that includes free food at the Meridian Senior Center at the Park. https://www.vietnamwar50th.com/about/national_vietnam_war_veterans_day/

Suicide Prevention

Imagine you're at home. The phone rings. You answer it. Someone you know states, "I'm sitting in my car with a loaded gun, tell me why I shouldn't kill myself......" What would you say? The Idaho American Legion is partnering with several other organizations to provide Applied Suicide Intervention Skills Training on April 21-22 at the Nampa Police Department, 820 2nd St S. in Nampa. Normally this class costs \$240/ person, however due to some fundraising and collaborative efforts it's being offered for \$20 per person. For registration information go to

https://forms.gle/mSSHsYdWb9vqAFB46

For information about suicide prevention click on the following Courageous Survival Enhanced Peer Support Teams link: https://courageoussurvival.org/peer-support

VA Update to end Veteran Homelessness

The Veterans Administration (VA) Secretary (Denis McDonough) recently announced his goals for veteran homelessness in 2022, one of which is to get at least 1,500 homeless veterans in Los Angeles into permanent housing. Nationally, he wants the VA to house 38,000 veterans this year.

Continued on next page

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https://abcnews.go.com/Politics/va-pull-off-monumental-bid-end-veteran-homelessness/story?id=82543568

VA Recommendation to Realign and Modernize VA Health Care Nationwide

A VA Asset and Infrastructure Review (AIR) report released on March 14, includes recommended investments include constructing new and modernizing existing VA health care facilities, as well as expanding VA partnerships with organizations that supplement VA's own care delivery as well as make recommendations to close or relocate aged and underused VA health care facilities.

https://www.va.gov/aircommissionreport/

https://www.federalregister.gov/documents/2022/03/14/2022-05256/notice-of-the-department-of-veterans-affairs-recommendations-for-modernization-or-realignment-ofBB

Boise VA Home News

By Susan Barnett

The Boise VA Home Veterans are working on a project where they are gathering pictures of themselves from their time of service in uniform. They will be displaying them at a Veterans ceremony of some sort.

I think it would be a neat historic project for our post members to do the same thing and mount in a display to have at our post.

Dept art show during dept convention in July. Artists need not present. All arts and crafts welcome, paintings, painted rocks, photographs, wood working, sculpture, models, music is included our dept commander said something about a ukalele. If musical you have to bring your own instrument.

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Serving Idaho's Frontline Professionals



LivingWorks ASIST

Applied Suicide Intervention Skills Training

April 21-22, 2022, 8 a.m. to 4:30

Training Location: Nampa Police Department / 820 2nd St S, Nampa, ID

Included both days: 😾

- *
- Certification in LivingWorks ASIST Suicide Prevention (16 hrs.) *Must attend entire training to receive certification
- Networking Lunch hosted by Idaho American Legion Post #18 - Nampa/1504 2nd St. S, Nampa, ID.
- Coffee & bottled water

This training will provide the opportunity to bring First Responders (Both active and retired), Military Service Members, Veterans, Spouses, Mental Health Professionals, Community Leaders and Chaplains or other religious leaders, together with the purpose of equipping them with invaluable Suicide Prevention Training. This will increase the number of individuals with Suicide Prevention training and skills within our community, which will in turn, ultimately save more lives, as well as give them a greater ability to offer peer support to their colleagues.

COST: This training is normally \$240/person, however due to our successful fundraising efforts, we are able to offer this training to you at half price or \$120/person.



A Collaborative Effort

Nampa Police Department, Courageous Survival, the Idaho American Legion, Southwest District Health & National Alliance on Mental Illness (NAMI Idaho).

https://www.livingworks.net/asist

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April 2022 Children & Youth Month Holy Season Begins





WHAT CAN I DO?

The American Legion has been actively involved with children's issues since the early 1920s. In many instances, the American Legion has been the driving force on behalf of children on the federal, state and local levels. In 1938, April was formally designated as Child Welfare Month (now called Children & Youth Month) and has continued on an annual basis. During this special

time, we urge each of you to show your community that the American Legion Family is dedicated to America's youth.

Each year the Committee on Children & Youth focuses on three primary areas of concern. They may include:

Child health

- · Immunization programs
- · School nutrition programs
- Teen pregnancy prevention programs

Child safety

- Child pornography
- Drug abuse prevention
- · Drug trafficking
- · Alcohol abuse prevention
- · Child/sexual abuse and neglect
- · Teen suicide prevention

Family support

- National Family Week activities
- Day care safety
- Foster care
- Temporary Financial Assistance
- · Missing and exploited children

Lord, Your Word tells us that it is a sin to do nothing when it is in our power to help someone in need. Help us to speak out like Angels against crimes against children. Prod us to act whenever we suspect that a child is in danger. Do not stop prompting us until we do the right thing. AMEN

Continued on next page

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When is Easter Sunday and how is it determined?

It starts as Holy Week:
Palm Sunday, Maundy
Thursday, Good Friday &
Easter. The final week of
Lent in Western Christianity
is known as Holy Week. It
begins on Palm Sunday (In
2022 on April 10), the day
that commemorates Jesus'
entry into Jerusalem, in

which the path traveled was strewn with palm branches, according to the Gospel.

The following Thursday is known in English as **Maundy Thursday or Holy Thursday (in 2022 on April 14)**, and it commemorates the Last Supper, or the final meal Jesus shared with his disciples. Because of parallels between the Last Supper — described as a Passover meal in the Gospels — and the Jewish Seder meal held on the first night of Passover, some Christian churches now hold meals that have adopted rituals from the Seder in commemoration.

Friday is known as **Good Friday (in 2022 on April 15)**, which recalls Jesus' crucifixion. Some Christians fast by eating only one substantial meal on this day.

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Lent culminates two days later with the arrival of Easter Sunday, commemorating Jesus' resurrection.

Why Is Easter So Late This Year?

Easter is a "movable feast," so it does not happen on the same date from year to year. However, it is always observed on a Sunday between March 22 and April 25.

Easter this year happens just one day after April's full Moon (Saturday, April 16), which is the first full Moon to occur after the spring equinox (March 20, 2022) and is therefore known in the Christian calendar as the "Paschal Full Moon." To make a long story short, Easter always occurs on the first Sunday after the Paschal Full Moon, which is why Easter is so late this year.

Review Dates for This Year!

April 10, 2022 – Palm Sunday

April 14, 2022 - Maundy Thursday or Holy Thursday

April 15, 2022 – Good Friday

April 17, 2022 – Easter Sunday

A Prayer for Hope:

Dear God, when I stand at the beginning of a new day bless me with vision to see the best of things to come... Wisdom to make good decisions... and most of all, faith that You are walking with me every step of the way.... Amen

Remember to always:

Be Grateful, Give Thanks, Be Honest, Stay Humble, Be Kind, Laugh, Dream Big, Be You and always Love One Another.

Blessings from

Chaplain Dan Pruett

Lloyd E Hutcheson

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Veterans Day Parade 2022

By Kay Romlein

The 2022 Veterans day parade is scheduled for November 5, 2022 in downtown Boise. The Proposed 2022 Idaho Veterans Parade Route is out for review, but I was unable to put it here for technical reasons. The parade will start at 10:00 AM.. Stay tuned for more details.

The theme is celebrating the 75th anniversary of the United States Air Force.

Lloyd's Koffee Klatch Klatch

By: Rich Dees

Yep it happened again last month. Lloyds Koffee Klatch.

As it turns out, we have an opportunity to not only help ourselves, but the Veterans Home and the Prison posts. Starbucks is giving us free coffee. All we need to do is pick it up. The catch is that we need someone to visit all the Starbucks locations in the Treasure Valley monthly to get the coffee. The coffee we get can be distributed to the Vets home, the prison posts and to us. If you have the ability to take this task on, please get in touch with me, Matt, or Abe at the Department.

You really need to come visit on the fourth Saturday of the month at the post. We have coffee, doughnuts and lots of great fellowship. Bring your family and mingle.







Lloyd E Hutcheson

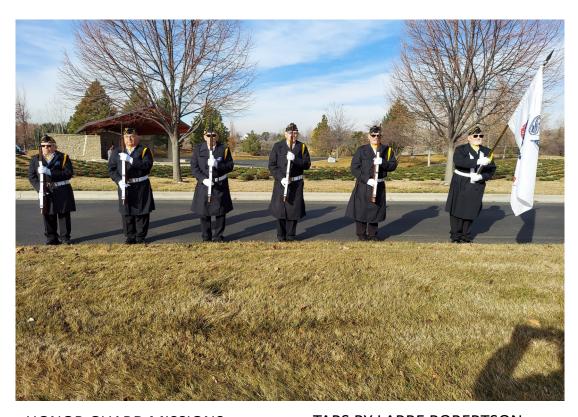
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Honor Guard

By: Doug Hanks



HONOR GUARD MISSIONS

Rifle Salutes-9

Flag Presentaion-1

Hours, March-137

Miles, March-1141

Missions, Fiscal Year-68

Hours, Fiscal Year-977

Miles, Fiscal Year-6848

TAPS BY LARRE ROBERTSON

Missions, March-30

Missions, YTD-70

Hours, March-122

Hours, YTD-287

MILES, March-1548

Miles, YTD-3881

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N7LGN—Post 113 Amateur Radio Club

By: Rich Dees





The radio Club is ramping up the activity calendar. After all, it is spring. This month starts off on April 9 with a Fox hunt. It will be in Meridian...somewhere. All ya gotta do is find it! Then we are going to hear how amateurs in the Treasure Valley flew a craft with telemetry over the Ukraine among other places. The meeting this month will have a few surprises about that.

Planning for Field day will take place this month. If you don't know about that, it is where amateurs gather with their equipment outside away from their home station and operate for 24 continuous hours. Lots of rules including not using commercial power and only 100 watts of power on HF. You'll be able to see it this year as the location is in Meridian.

On the front page is a map showing the route a craft launched by amateurs in the Treasure Valley took on a Saturday morning. Come to the club meeting to hear about how they did that and what is next.

Testing continues, with a twist. As of April 19, the FCC will charge \$35.00 for new licenses and renewals. The government gotta pay for those trillion dollar programs somehow! There is a silver lining if you are under 18 tho. Test fees from the FCC are paid for by the ARRL and the license only costs \$5.00.

If you are remotely interested, come on out and see us. The next meeting is Wednesday, April 27, 2022 at the Post.

Lloyd E Hutcheson

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Random Thoughts

By: Rich Dees

Things are starting to get busy with the pandemic in what appears to be a recession. Let's hope so. In the past year we've done several activities implementing many Legion programs as well as participating in community events. This next fiscal year brings more opportunity including:

Police person of the year Due to Dept. June 1, 2022
Fire person of the year Due to Dept. June 1, 2022
Vets helping Vets program
Dairy Days participation
Christmas party for 201 and 202
Community youth electronic game night
Veterans Day parade

Here's the thing: Member involvement is absolutely necessary. Please consider where you can join in an activity. If you have other activities you'd like to get involved in, sing out!

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Post 113 Officers for 2020— 2021

Commander	Doug Hanks	208 506 7801	dandghanks@q.com
Adjutant	Walter Thornton	208 362 9107	livelong1115@gmail.com
1st Vice Commander	Kip Higby	208 941 2108	isp4bpd@gmail.com
2 nd Vice Commander	Rich Dees (Yers Trooly)	208 888 1343	rjdees@aol.com
Finance Officer	Ernest Cook	408 858 1995	ernestdcook@gmail.com
Service Officer	John Brekke	801 989 6764	brekke1@msn.com
Chaplin	Dan Pruett	208 890 3384	dan@anywhereusa.org
Past Commander	Steve North	208 631 5291	snorth5401@gmail.com